PRIME Re-entry Meeting 10/13/12

Agenda

1. Show and tell
2. Intercultural Development Inventory (IDI)
3. Anticipation and Expectation group discussion (What’s Up With Culture 2.3.2)
4. Break
5. Program review discussion
6. Highlighting PRIME experience after graduation
7. Making the most of your remaining time at UCSD
8. Logistical arrangements for dinner

Handouts

Intercultural Development Inventory (IDI)
Anticipation and Expectation Worksheet
Resume Worksheet
Programs Abroad Office Returnee Newsletter
Major Advising Pages

Resources

What’s Up With Culture
http://www.pacific.edu/sis/culture/
Programs Abroad Office Returnee Information and Resources
http://icenter.ucsd.edu/pao/returnees/index.html
Career Services Center
http://career.ucsd.edu/
Control Group Pre-Departure

IDI Group Profile

**Perceived Orientation (PO)**

- Denial
- Polarization: Defense/Reversal
- Minimization
- Acceptance
- Adaptation

**Developmental Orientation (DO)**

- Denial
- Polarization: Defense/Reversal
- Minimization
- Acceptance
- Adaptation

**Orientation Gap (OG)**

- Perceived Orientation
- Developmental Orientation

**Range of Developmental Orientations**

- High Adaptation: 0.0%
- Adaptation: 0.0%
- Cusp of Adaptation: 0.0%
- Acceptance: 0.0%
- Cusp of Acceptance: 0.0%
- Minimization: 0.0%
- Cusp of Minimization: 0.0%
- Polarization: 0.0%
- Cusp of Polarization: 0.0%
- Denial: 0.0%

**Percent of Resolution of Polarization (Cusp of Polarization, Polarization) from Defense and Reversal**

- Defense: 41%
- Reversal: 59%

**Trailing Orientations**

- Unresolved: 1, 2, 3
- Resolved: 4, 5
- Score: 3.35
Control Group After Return

IDI Group Profile

Perceived Orientation (PO)

Developmental Orientation (DO)

Orientation Gap (OG)

Range of Developmental Orientations

Percentage Developmental Orientation

Percent of Resolution of Polarization (Cusp of Polarization, Polarization) from Defense and Reversal

Trailing Orientations

Reversal Trailing Orientation
Japan Students Pre-Departure
IDI Group Profile

Perceived Orientation (PO)

Developmental Orientation (DO)

Orientation Gap (OG)

Range of Developmental Orientations

Trailing Orientations
Japan Students After Return

IDI Group Profile

Perceived Orientation (PO)

Developmental Orientation (DO)

Orientation Gap (OG)

Range of Developmental Orientations

Percentage Developmental Orientation

Percent of Resolution of Polarization (Cusp of Polarization, Polarization) from Defense and Reversal

Trailing Orientations

Denial Trailing Orientation
3. Anticipation and Expectation Exercise – Returning Home

At the pre-departure orientation you were asked to make a list of expectations about what things you were looking forward to and what things worried you. This is a parallel exercise about how you are feeling about returning home. Discuss your perceptions with your group and write down five common themes for each question.

A. The five things that **bother me most** about being home are:

   1. 
   2. 
   3. 
   4. 
   5. 

B. The five things I **enjoy most** about being home are:

   1. 
   2. 
   3. 
   4. 
   5. 

C. The five international things (people, places, situations, etc.) I **miss the least** since I have returned home are:

   1. 
   2. 
   3. 
   4. 
   5.
D. The five things (people, places, activities, etc.) I miss the most from abroad since I have returned home are:

1.

2.

3.

4.

5.

Excerpted from What’s Up With Culture 2.3.2 http://www.pacific.edu/sis/culture/
6. Resume Building and Graduate School Statement of Purpose

A. **Descriptors:** Write down a list of statements that describe your experience abroad. Start with action verbs such as “lived,” “attended,” “researched,” “wrote,” “traveled,” “handled,” etc.

1. ________________________  5. ________________________
2. ________________________  6. ________________________
3. ________________________  7. ________________________
4. ________________________  8. ________________________

B. **Skills:** Write down some of the skills that you feel you have acquired through your international experience.

1. ________________________  5. ________________________
2. ________________________  6. ________________________
3. ________________________  7. ________________________
4. ________________________  8. ________________________

C. **Qualities:** Write down some qualities (e.g. personal characteristics) that you developed/enhanced through your experience abroad.

1. ________________________  5. ________________________
2. ________________________  6. ________________________
3. ________________________  7. ________________________
4. ________________________  8. ________________________

D. **Examples:** Write down some experiences that you had while abroad that demonstrate the skills/qualities listed above.

1. ________________________  5. ________________________
2. ________________________  6. ________________________
3. ________________________  7. ________________________
4. ________________________  8. ________________________
Welcome Home! The Programs Abroad Office (PAO) warmly welcomes you back to UCSD. We hope that you had a positive and life changing experience abroad, and that you are excited to inspire other UCSD students to follow in your footsteps. Here are some opportunities where you can stay connected to your recent journey abroad and share your international experiences with others at UCSD.

Upcoming Fall 2012 events:

- Fri, Oct. 19 EXPO/PAO Returnee T-Shirt Day (wear your T-shirt!)
- Mon, Oct. 22 PAO EXPO (10am - 2pm) - sign up to volunteer: stay tuned for invite!
- Tues, Oct. 30 Returnee Mixer - location TBD (6:00 pm)
- Tues, Nov. 13-16 International Education Week (IEW) http://iew.ucsd.edu/iew
- Tues, Nov. 13 PAO Returnee T-Shirt Day (wear your T-shirt!)

More returnee resources & opportunities:

- Check out the PAO Returnee webpage http://icenter.ucsd.edu/pao/returnees/
- Pick up a FREE Returnee Events magnet at the PAO front desk http://icenter.ucsd.edu/pao/contacts/
- Like the PAO Returnee Facebook page https://www.facebook.com/UCSDReturnees
- Talk to an advisor http://icenter.ucsd.edu/pao/contacts/Who-we-are.html to share your study abroad experiences at an Info Session
- Contact an advisor about becoming a PAO liaison for your Major or Minor
- Obtain a Global Leadership Certificate http://icenter.ucsd.edu/ieo/global-leadership/
- Join the International Club http://icenter.ucsd.edu/ispo/programs/i-club.html
- Receive FREE intramural team registration by forming an international team http://icenter.ucsd.edu/ispo/programs/intramural.html
- Teach an international student in the English Tutor Program http://icenter.ucsd.edu/ispo/programs/eia_main/index.html
- Enjoy global cuisine at the International Center Friday Café http://icenter.ucsd.edu/about/programs-events/icafe.html

Stay tuned for the Winter ‘13 Returnee Newsletter:

- Including the PAO Photo Contest and the Lessons from Abroad Conference at SDSU http://www.lessonsfromabroad.org/sandiego/

Warm regards,
PAO Team

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https://www.facebook.com/UCSDReturnees